

General Guidelines—All Diagnoses

- 1. Life-limiting condition**
- 2. Patient/family informed condition is life limiting**
- 3. Patient/family elected palliative care**
- 4. Documentation of clinical progression of disease**
 - a. ___physician assessment**
 - b. ___lab studies**
 - c. ___radiologic or other studies**
 - d. ___multiple ED visits**
 - e. ___inpatient hospitalizations**
 - f. ___home health nursing assessment**

and/or

___Recent decline in functional status as evidenced by:

- Karnofsky Performance Status \leq 50%**

and/or

- Dependence in 3 of 6 Activities of Daily Living (Bathing, dressing, feeding, transfers, continence of urine & stool, ambulation to bathroom)**

and/or

- Recent impaired nutritional status evidenced by**
 - 1. unintentional, progressive weight loss of 10% over past 6 months**
 - 2. serum albumin $<$ 2.5 gm/dl**

Karnofsky Score Guidelines

Quantifying Patient's Functional Status

100%	Normal; no complaints, no evidence of disease
90%	Able to carry on normal activity; minor signs of symptoms of disease
80%	Normal activity with effort; some signs of symptoms of disease
70%	Cares for self but unable to carry on normal activity/do active work
60%	Requires occasional assistance but is able to care for most of needs
50%	Requires considerable assistance & frequent medical care
40%	Disabled; requires special care & assistance
30%	Severely disabled; hospitalization is indicated although death not imminent
20%	Very sick; hospitalization (active supportive treatment) is necessary
10%	Fatal processes progressing rapidly