

# Is it Time to Talk about Hospice?

Every year, people in Rockingham County die as a result of long-term, chronic illnesses without specialized medical care and comprehensive emotional and spiritual support offered through Hospice of Rockingham County.

## Does your loved one have a diagnosis of:

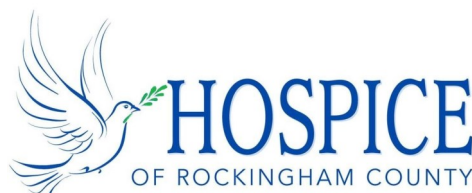
- Cancer
- ALS (Lou Gehrig's Disease)
- End-stage Alzheimer's disease
- End-stage heart disease
- End-stage liver disease
- End-stage pulmonary disease
- End-stage renal disease

## If your loved one has one of the illnesses listed above, have they ...

1. Been hospitalized or visited the ER frequently in the past six months?
2. Had to call their physician's office more frequently?
3. Started requiring medication(s) to lessen physical pain and symptoms?
4. Begun spending most of their day in bed or in a chair?
5. Had multiple falls over the past six months?
6. Begun requiring assistance with dressing, bathing, walking, eating, or getting out of bed?
7. Reported feeling weaker or more fatigued?
8. Experienced progressive, unintentional weight loss?
9. Begun eating and/or drinking less than is normal for them?
10. Experienced shortness of breath at rest (i.e. simply sitting in a chair or lying in the bed)?
11. Expressed their desire to stop treatment(s) for their disease (e.g. chemo, radiation, dialysis)?
12. Been told by their physician that their life expectancy is limited?

If you answered "yes" to two or more questions above, it may be time to talk to your loved one about the advantages of hospice care (for patients as well as their caregivers) for those with a life-limiting illness.

**For more information or to make a referral,  
call Hospice of Rockingham County at 336-427-9022**



**Trusted by Physicians, Patients, and Families ... Since 1987**