

## Palliative Performance Scale

### Instructions for Use of the Palliative Performance Scale

- Begin at the left column and read downward until the appropriate ambulation level is reached
- Then read across to the next column and downward again until the activity and evidence of disease is located
- Repeat these steps until all 5 columns are covered before assigning the PPS
- In this way, leftward columns are stronger determinants
- Use the scores in 10% increments only
- **A final score of 40% or less is an indicator of hospice eligibility**

%	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
<b>100%</b>	Full	Normal activity & work No evidence of disease	Full	Normal	Full
<b>90%</b>	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
<b>80%</b>	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
<b>70%</b>	Reduced	Unable normal job/work Significant disease	Full	Normal or reduced	Full
<b>60%</b>	Reduced	Unable hobby/house work Significant disease	Occasional assistance necessary	Normal or reduced	Full or Confusion
<b>50%</b>	Mainly sit/lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or Drowsy +/- confusion
<b>40%</b>	Mainly in bed	Unable to do any activity Extensive disease	Mainly assistance	Normal or reduced	Full or Drowsy +/- confusion
<b>30%</b>	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Normal or reduced	Full or Drowsy +/- confusion
<b>20%</b>	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Minimal to sips	Full or Drowsy +/- confusion
<b>10%</b>	Totally Bed Bound	Unable to do any activity Extensive disease	Total Care	Mouth care only	Drowsy or coma +/- confusion
<b>0%</b>	Death	—	—	—	—